

## Estimated percentages of adults who consumed any beer, wine, or distilled spirits on a given day; United States, 2003-2006

| Sex and age (yr) | Any alcoholic beverage | Beer | Wine | Distilled spirits |          |              |
|------------------|------------------------|------|------|-------------------|----------|--------------|
|                  |                        |      |      | All               | Straight | Mixed drinks |
|                  | %                      | %    | %    | %                 | %        | %            |
| Men              | 32.8                   | 23.4 | 6.0  | 8.7               | 1.8      | 7.1          |
| Women            | 17.4                   | 7.0  | 6.6  | 5.3               | 1.9      | 3.5          |

Preliminary data from Guenther, PM, Bowman, SA, and Goldman, JD. Alcoholic Beverage Consumption by Adults 21 Years and Over in the United States: Results From the National Health and Nutrition Examination Survey, 2003-2006: Technical Report.

**Estimated percentage of adults who consumed any alcoholic beverage at least once in the past 12 months, United States, 2003-2006**

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| <b>Sex and age (yr)</b> | <b>Any alcoholic beverage</b> |
|-------------------------|-------------------------------|
|                         | <b>%</b>                      |
| <b>Men</b>              | <b>76.3</b>                   |
| <b>Women</b>            | <b>65.3</b>                   |

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Preliminary data from Guenther, PM, Bowman, SA, and Goldman, JD. Alcoholic Beverage Consumption by Adults 21 Years and Over in the United States: Results From the National Health and Nutrition Examination Survey, 2003-2006: Technical Report.

## Estimated distribution of alcoholic beverage consumption on a given day; United States, 2003-2004

| Sex and<br>age (yr) | Number of drink equivalents |      |      |     |     |     |     |           |           |     |
|---------------------|-----------------------------|------|------|-----|-----|-----|-----|-----------|-----------|-----|
|                     | 0                           | 1    | 2    | 3   | 4   | 5   | 6   | 7         | 8 or more |     |
|                     | <i>Mean</i>                 | %    | %    | %   | %   | %   | %   | %         | %         | %   |
| Men                 | 1.3                         | 65.9 | 8.3  | 6.8 | 5.8 | 4.1 | 2.2 | 2.3       | 1.0       | 3.6 |
|                     |                             | 0    | 1    | 2   | 3   | 4   | 5   | 6 or more |           |     |
| Women               | 0.4                         | 80.9 | 10.0 | 3.1 | 2.1 | 1.6 | 0.7 | 1.5       |           |     |

Preliminary data from Guenther, PM, Bowman, SA, and Goldman, JD. Alcoholic Beverage Consumption by Adults 21 Years and Over in the United States: Results From the National Health and Nutrition Examination Survey, 2003-2006: Technical Report.

## Estimated distribution of average daily consumption of alcoholic beverages; United States, 2003-2006

| Sex and age (yr) |             | Number of drinks |      |     |     |           |           |
|------------------|-------------|------------------|------|-----|-----|-----------|-----------|
|                  |             | 0                | 1    | 2   | 3   | 4         | 5 or more |
|                  | <i>Mean</i> | %                | %    | %   | %   | %         | %         |
| Men              | 0.8         | 23.7             | 60.0 | 7.7 | 4.4 | 1.6       | 2.6       |
|                  |             | 0                | 1    | 2   | 3   | 4 or more |           |
| Women            | 0.2         | 34.7             | 61.5 | 2.3 | 0.9 | 0.6       |           |

Preliminary data from Guenther, PM, Bowman, SA, and Goldman, JD. Alcoholic Beverage Consumption by Adults 21 Years and Over in the United States: Results From the National Health and Nutrition Examination Survey, 2003-2006: Technical Report.

## Estimated distribution of average alcoholic beverage consumption by adults on days they drank; United States, 2003-2006

| Sex and age (yr) | Number of drinks |      |      |      |      |           |           |
|------------------|------------------|------|------|------|------|-----------|-----------|
|                  |                  | 1    | 2    | 3    | 4    | 5         | 6 or more |
|                  | <i>Mean</i>      | %    | %    | %    | %    | %         | %         |
| <b>Men</b>       |                  |      |      |      |      |           |           |
| 21 and over      | 3.3              | 25.4 | 27.6 | 16.1 | 9.4  | 5.0       | 16.5      |
| 21-64            | 3.5              | 21.9 | 27.5 | 16.9 | 10.0 | 5.5       | 18.4      |
| 65+              | 1.9              | 52.0 | 28.7 | 10.2 | 4.9  | #1.7      | 2.6       |
|                  |                  | 1    | 2    | 3    | 4    | 5 or more |           |
| <b>Women</b>     |                  |      |      |      |      |           |           |
| 21 and over      | 2.1              | 43.1 | 30.6 | 13.1 | 6.4  | 6.8       |           |
| 21-64            | 2.2              | 39.0 | 32.1 | 14.2 | 7.0  | 7.7       |           |
| 65+              | 1.4              | 72.5 | 20.3 | 4.6  | #1.9 | #0.8      |           |

# Indicates an estimate with potentially lower precision due to a relative standard error greater than 30% and/or small sample size.

Preliminary data from Guenther, PM, Bowman, SA, and Goldman, JD. Alcoholic Beverage Consumption by Adults 21 Years and Over in the United States: Results From the National Health and Nutrition Examination Survey, 2003-2006: Technical Report.