

Comments Summary Report

Submission Date Between null and null

Comment ID: 000010

Submission Date: 10/21/2008

Organization Type: Industry Association

Organization Name: Salt Institute

First Name: Morton

Last Name: Satin

Job Title: Director, Technical and Regulatory Affairs

Key Topic: Evidence-based Review Process, Fluid and Electrolytes, Minerals

Sub Topic: Sodium, Sodium

Attachment: Y

Comment: It is essential that the 2010 Guidelines be the product of a rigorous scientific review anchored upon evidence-based methodology as developed by the Cochrane Collaboration and promoted by the U.S. Preventive Services Task Force. We reiterate our recommendations for the preparation of the 2005 Dietary Guidelines and remind the Advisory Committee of the Institute of Medicine's 2007 assessment of the development of the DRIs that were the basis of the last Guidelines, an assessment that confirmed our warnings.

In that meeting, Dr. P. Greenwald stated: "It is important to note that the most definitive studies are randomized controlled clinical trials (buttressed by basic nutritional science), followed by non-randomized controlled trials. The studies become weaker from that point.. At the very bottom of the list are the opinions of respected authorities?. Little research of the most useful type (randomized clinical trials) is available, whereas there is an enormous amount of information that is not very meaningful.?"

Many conclusions that found their way into previous versions of the Dietary Guidelines were not based upon high quality evidence, but on expert opinion. For example, both the recommended level of 1500 mg sodium/day and the upper limit of 2300 mg/day for sodium were based upon expert opinion, rather than experimentally derived data. This opinion was almost exclusively driven by concerns for a single CVD risk factor - hypertension - to the exclusion of all other risk factors and biomarkers.

While the 2005 Dietary Guideline recommendations may provide a minor reduction in blood pressure for less than 1/3 of the population, the negative consequences of stimulating the renin-angiotensin-aldosterone system far outweigh any possible benefits for the general population.

Comment ID: 000023

Submission Date: 10/24/2008

Organization Type: Nonprofit/Voluntary

Organization Name: National Dairy Council

First Name: Gregory

Last Name: Miller

Job Title: Executive Vice President Research, Regulatory and Scientific Affairs

Key Topic: Eating Patterns, Energy Balance/Physical Activity, Food Groups, Minerals

Sub Topic: Calcium, DASH, Magnesium, Milk, MyPyramid, Potassium

Attachment: Y

Comment: At time when the American population is overweight and undernourished, it is more important than ever to help consumers get more nutrition out of the food and beverages they consume. As the Dietary Guidelines Advisory Committee begins its work of drafting new guidelines for Americans, the NDC applauds the leadership of the Departments of Agriculture and Health and Human Services for their crucial efforts to help Americans live healthier lives and reduce the risk of chronic disease.

Comments Summary Report

Submission Date Between null and null

Comment ID: 000013

Submission Date: 10/22/2008

Organization Type: Other

Organization Name:

First Name: Susan

Last Name: Burrows

Job Title:

Key Topic: Carbohydrates, Eating Patterns, Fats, Food Groups, Minerals, Nutrient Density/Discretionary Calc, Protein

Sub Topic: Cholesterol, Fiber, Fruits, Glycemic index, Grains, Whole grains, Low carbohydrate, Meat, Beans, Eggs, Fish, and Nuts, Milk, MyPyramid, Oils, Unsaturated fatty acids, Other, Saturated fatty acids, Trans fatty acids, Vegetables, Whole grains

Attachment: Y

Comment: The current standard of nutritional standards are not enough to maintain good health. Dramatic consumption increases must be made in high nutrient low calorie foods. The pyramid caloric intake is too high for most people, especially for those in need of weight reduction. Considering the a vegetable (plant) based diet would be extremely beneficial to the public. Please view attachment for my personal experience and recommendations.