

Comments Summary Report

Submission Date Between 04/24/2009 and 10/28/2009

Key Topic: Nutrient Density

Comment ID: 000577

Submission Date: 08/14/2009

Organization Type: Educational Institution

Organization Name:

First Name: MaryAnne

Last Name: Drake

Job Title: Professor

Key Topic: Food Groups, Nutrient Density/Discretionary Calc, Other

Sub Topic:

Attachment: Y

Comment: Food choice and preference play a critical role in consumer decisions and the nutrients that they consume. Please keep in mind taste preferences when formulating new dietary guidelines. The attached study has been peer-reviewed and is currently accepted for publication in the Journal of Sensory Studies.

Comment ID: 000676

Submission Date: 10/17/2009

Organization Type: Educational Institution

Organization Name: UNC Asheville Student

First Name: Nathan

Last Name: Sheets

Job Title: Student

Key Topic: Nutrient Density/Discretionary Calc

Sub Topic:

Attachment: Y

Comment: Sustainability

Comments Summary Report

Submission Date Between 04/24/2009 and 10/28/2009

Key Topic: Nutrient Density

Comment ID: 000519

Submission Date: 06/01/2009

Organization Type: Individual/Professional

Organization Name:

First Name: Jennifer

Last Name: Shu, MD

Job Title: Pediatrician

Key Topic: Eating Patterns, Evidence-based Review Process, Food Groups, Minerals, Nutrient Density/Discretionary Calc, Protein, Vitamins

Sub Topic: B Vitamins, Iron, Magnesium, Meat, Beans, Eggs, Fish, and Nuts, Potassium, Zinc

Attachment: Y

Comment: As a pediatrician concerned about the health and well-being of children, I would like to share my thoughts regarding the role of animal protein products (meat, fish, eggs) in child health. There are not sufficient data to support a recommendation to replace animal protein with plant protein in the diet of children and adolescents. It is important for the DGAC to acknowledge that beef provides a unique mixture of highly bioavailable micronutrients, not readily available in plant-based diets, that support the cognitive development and function of children and adolescents. Caution should be taken to avoid the establishment of protein source recommendations that inappropriately restrict animal protein in the diets of children and adolescents.

Comment ID: 000557

Submission Date: 07/24/2009

Organization Type: Industry Association

Organization Name: National Confectioners Association

First Name: Alison

Last Name: Bodor

Job Title: Vice President, Scientific and Regulatory Affairs

Key Topic: Carbohydrates, Eating Patterns, Fats, Nutrient Density/Discretionary Calc, Other

Sub Topic: Cholesterol, Other, Saturated fatty acids

Attachment: Y

Comment: NCA supports steps to improve Americans' ability to follow a healthy and active lifestyle and urges the DGAC to pursue guidelines that are realistic and accommodate all foods including occasional treats in moderation. NCA also recommends the Subcommittee on Fatty Acids recognize the neutral effect of stearic acid on blood lipid levels and distinguish between stearic acid and the other saturated fatty acids when making recommendations about saturated fat. While stearic acid, a significant fatty acid in cocoa butter, has a neutral effect on blood lipid profiles, the flavanols in cocoa and chocolate support cardiovascular health. Finally, we request that the DGAC recognize the contribution of sugar-free chewing gum to oral health and weight management in their recommendations.

Comments Summary Report

Submission Date Between 04/24/2009 and 10/28/2009

Key Topic: Nutrient Density

Comment ID: 000467

Submission Date: 04/24/2009

Organization Type: Industry Association

Organization Name: United Egg Producers

First Name: Gene

Last Name: Gregory

Job Title: President

Key Topic: Eating Patterns, Fats, Food Groups, Nutrient Density/Discretionary Calc

Sub Topic: Cholesterol

Attachment: Y

Comment: These are the comments of the United Egg Producers regarding the Dietary Guidelines.

Comment ID: 000741

Submission Date: 10/28/2009

Organization Type: Nonprofit/Voluntary

Organization Name: National Dairy Council

First Name: Gregory

Last Name: Miller

Job Title: Executive Vice President, Research, Regulatory and Scientific Affairs

Key Topic: Eating Patterns, Energy Balance/Physical Activity, Fats, Fluid and Electrolytes, Food Groups, Minerals, Nutrient Density/Discretionary Calc, Protein, Vitamins

Sub Topic: B Vitamins, Calcium, DASH, Magnesium, Milk, MyPyramid, Potassium, Saturated fatty acids, Vitamin A and Carotenoids, Vitamin D, Weight maintenance

Attachment: Y

Comment: The National Dairy Council appreciates the opportunity to comment on these important issues in support of improving the health and well-being of all Americans. Please consider the attached science-based comments.

Comments Summary Report

Submission Date Between 04/24/2009 and 10/28/2009

Key Topic: Nutrient Density

Comment ID: 000742

Submission Date: 10/28/2009

Organization Type: Other

Organization Name: The Kellogg Company

First Name: Nelson

Last Name: Nelson Almeida, PhD, FACN

Job Title: VP, US/Global Nutrition Science, Labeling & Marketing

Key Topic: Eating Patterns, Food Groups, Nutrient Density/Discretionary Calc

Sub Topic: Grains, Whole grains, MyPyramid

Attachment: Y

Comment: The Kellogg Company has a longstanding commitment to health and nutrition, dating back to its founding in 1906. The attached comments focus on the importance of both breakfast and snack time as two underutilized eating occasions that are associated with many health benefits. Included within the comments and as an appendix are summaries of research since 2005 that highlight benefits of breakfast and snacking as they relate to nutrient adequacy.

Based on this summary, we suggest that the 2010 Dietary Guidelines reinforce the importance of dietary meal patterns and eating nutrient-rich breakfasts and snacks in order to achieve one's daily MyPyramid goals for food groups and essential nutrients. Additionally and in light of more recent research, we reiterate comments submitted last June suggesting more of an emphasis on fiber in the 2010 Dietary Guidelines given its importance for public health.

We appreciate the DGAC's consideration of these comments as they deliberate their recommendations for the 2010 Dietary Guidelines for Americans.

Comment ID: 000551

Submission Date: 07/10/2009

Organization Type: Professional Association

Organization Name: Guiding Stars Licensing Company

First Name: Betts

Last Name: Fitzgerald

Job Title: Managing Director

Key Topic: Eating Patterns, Evidence-based Review Process, Nutrient Density/Discretionary Calc

Sub Topic:

Attachment: Y

Comment: Nutrition navigation as a tool for making healthier food choices & the impact of nutrition navigation on Americans' eating habits