

**Mean and percentiles of the individual contribution of saturated fat to daily energy intake expressed as a percentage, one day, 2001-2004**

Age-Gender	Sample size	Mean	(SE)	25 <sup>th</sup> pctl	50 <sup>th</sup> pctl	75 <sup>th</sup> pctl
1-3y, All	1515	12.8	(0.15)	10.1	12.5	15.2
4-8y, All	1701	11.5	(0.17)	9.2	11.2	13.5
9-13y, Males	1061	11.6	(0.16)	9.3	11.4	13.7
14-18y, Males	1423	11.1	(0.13)	8.9	11.0	13.3
19-30y, Males	1100	10.8	(0.19)	8.0	10.6	13.3
31-50y, Males	1466	10.7	(0.16)	8.1	10.6	13.0
51-70y, Males	1252	11.1	(0.16)	8.3	10.8	13.4
71+ y, Males	832	10.8	(0.19)	8.1	10.7	13.1
19+y, Males	4650	10.8	(0.09)	8.2	10.7	13.2
9-13y, Females	1112	11.5	(0.16)	9.2	11.4	13.5
14-18y, Females	1362	11.1	(0.19)	8.7	10.9	13.2
19-30y, Females	1324	10.7	(0.15)	7.9	10.6	13.2
31-50y, Females	1595	11.0	(0.20)	8.3	10.8	13.4
51-70y, Females	1284	10.8	(0.19)	8.0	10.4	13.3
71+ y, Females	860	10.4	(0.18)	8.0	10.1	12.7
19+y, Females	5063	10.8	(0.12)	8.1	10.6	13.3
1+y, All	17887	11.0	(0.08)	8.4	10.8	13.4

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Range and mean of the individual contribution of saturated fat to daily energy intake expressed as a percentage within quartiles, one day, 2001-2004**

Age-Gender	1Q Min	1Q Mean	1Q Max	2Q Min	2Q Mean	2Q Max	3Q Min	3Q Mean	3Q Max	4Q Min	4Q Mean	4Q Max
1-3y, All	2.1	8.0	10.1	10.1	11.4	12.5	12.5	13.8	15.2	15.2	17.8	28.0
4-8y, All	3.6	7.5	9.2	9.2	10.2	11.2	11.2	12.3	13.5	13.5	15.8	24.3
9-13y, Males	3.0	7.5	9.3	9.3	10.5	11.4	11.4	12.5	13.7	13.7	16.0	23.3
14-18y, Males	0.0	6.9	8.9	8.9	10.0	11.0	11.0	12.0	13.3	13.3	15.5	23.5
19-30y, Males	0.0	6.0	8.0	8.0	9.4	10.6	10.6	11.8	13.3	13.3	15.8	25.3
31-50y, Males	0.0	6.0	8.1	8.1	9.5	10.6	10.6	11.8	13.0	13.0	15.6	23.8
51-70y, Males	0.1	6.4	8.3	8.3	9.6	10.8	10.8	12.1	13.4	13.4	16.1	34.6
71+ y, Males	0.6	6.5	8.1	8.1	9.4	10.7	10.7	11.8	13.1	13.1	15.6	30.4
19+y, Males	0.0	6.1	8.2	8.2	9.5	10.7	10.7	11.9	13.2	13.2	15.8	34.6
9-13y, Females	0.9	7.4	9.2	9.2	10.2	11.4	11.4	12.5	13.5	13.5	15.9	28.8
14-18y, Females	0.0	6.6	8.7	8.7	9.8	10.9	10.9	11.9	13.2	13.2	15.9	25.7
19-30y, Females	0.0	6.0	7.9	7.9	9.3	10.6	10.6	11.9	13.2	13.2	15.5	39.4
31-50y, Females	0.2	6.1	8.3	8.3	9.6	10.8	10.8	12.0	13.4	13.4	16.4	35.7
51-70y, Females	1.5	6.1	8.0	8.1	9.3	10.4	10.4	11.6	13.3	13.3	16.2	37.3
71+ y, Females	1.2	6.0	8.0	8.0	9.1	10.1	10.1	11.3	12.7	12.7	15.2	26.3
19+y, Females	0.0	6.1	8.1	8.1	9.3	10.6	10.6	11.8	13.3	13.3	16.0	39.4
1+y, All	0.0	6.4	8.4	8.4	9.7	10.8	10.8	12.0	13.4	13.4	16.0	39.4

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Total energy (kcal): Mean daily intake from all sources by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

Age-Gender	1Q Mean	1Q (SE)	2Q Mean	2Q (SE)	3Q Mean	3Q (SE)	4Q Mean	4Q (SE)	All Mean	All (SE)
<b>1-3y, All</b>	1441	(31.7)	1527	(34.0)	1546	(29.6)	1494	(46.2)	1502	(17.8)
<b>4-8y, All</b>	1818	(53.9)	1918	(44.3)	1976	(46.3)	1921	(58.8)	1909	(24.9)
<b>9-13y, Males</b>	2080	(61.9)	2384	(102.1)	2519	(55.8)	2319	(99.3)	2325	(51.0)
<b>14-18y, Males</b>	2421	(86.1)	2752	(109.4)	2966	(70.5)	2802	(100.2)	2735	(58.7)
<b>19-30y, Males</b>	2660	(77.7)	2992	(110.9)	3093	(112.7)	2971	(131.1)	2930	(59.0)
<b>31-50y, Males</b>	2488	(81.2)	2906	(75.3)	2840	(76.6)	3011	(90.1)	2811	(34.0)
<b>51-70y, Males</b>	2113	(78.7)	2237	(66.4)	2400	(91.4)	2335	(71.4)	2272	(39.8)
<b>71+ y, Males</b>	1658	(44.4)	1859	(61.5)	1988	(50.3)	1943	(31.7)	1862	(24.3)
<b>19+y, Males</b>	2357	(44.2)	2663	(51.1)	2711	(47.5)	2718	(59.4)	2613	(24.2)
<b>9-13y, Females</b>	1724	(54.0)	1951	(59.6)	2045	(65.4)	2057	(92.7)	1945	(30.1)
<b>14-18y, Females</b>	1710	(50.9)	1987	(62.9)	2071	(62.3)	2095	(47.0)	1967	(31.2)
<b>19-30y, Females</b>	1788	(73.0)	2135	(46.2)	2253	(65.9)	2157	(87.6)	2084	(35.7)
<b>31-50y, Females</b>	1670	(45.8)	1981	(38.2)	2072	(55.9)	1967	(50.5)	1922	(25.0)
<b>51-70y, Females</b>	1554	(41.9)	1666	(57.7)	1742	(31.6)	1814	(64.6)	1694	(26.6)
<b>71+ y, Females</b>	1350	(48.5)	1469	(34.2)	1607	(35.5)	1579	(62.8)	1502	(23.7)
<b>19+y, Females</b>	1629	(25.7)	1854	(27.4)	1976	(30.2)	1938	(36.0)	1849	(12.6)
<b>1+y, All</b>	1960	(21.6)	2196	(23.1)	2298	(25.5)	2226	(21.6)	2170	(11.3)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates. Statistics are based on each survey respondent's daily contribution of saturated fat to energy. SE = Standard error of the mean.

**Protein: Mean individual contribution to daily energy intake (%) by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

Age-Gender	1Q Mean	1Q (SE)	2Q Mean	2Q (SE)	3Q Mean	3Q (SE)	4Q Mean	4Q (SE)	All Mean	All (SE)
1-3y, All	12.9	(0.30)	13.9	(0.19)	14.6	(0.21)	16.3	(0.24)	14.4	(0.15)
4-8y, All	13.3	(0.36)	13.1	(0.19)	13.8	(0.30)	14.3	(0.19)	13.6	(0.13)
9-13y, Males	13.3	(0.41)	13.8	(0.33)	14.4	(0.39)	14.8	(0.50)	14.1	(0.23)
14-18y, Males	12.9	(0.49)	13.5	(0.36)	14.5	(0.34)	15.7	(0.28)	14.1	(0.20)
19-30y, Males	13.0	(0.49)	14.7	(0.45)	15.2	(0.35)	16.3	(0.27)	14.8	(0.25)
31-50y, Males	14.8	(0.38)	15.0	(0.27)	15.0	(0.26)	15.9	(0.26)	15.2	(0.17)
51-70y, Males	15.7	(0.40)	15.7	(0.36)	15.6	(0.32)	16.7	(0.29)	16.0	(0.20)
71+ y, Males	16.0	(0.41)	14.8	(0.34)	16.1	(0.30)	16.5	(0.36)	15.8	(0.20)
19+y, Males	14.7	(0.21)	15.2	(0.18)	15.3	(0.18)	16.2	(0.13)	15.4	(0.10)
9-13y, Females	12.8	(0.46)	13.1	(0.52)	13.8	(0.25)	14.7	(0.36)	13.6	(0.25)
14-18y, Females	12.4	(0.30)	13.2	(0.28)	13.4	(0.58)	14.9	(0.28)	13.5	(0.19)
19-30y, Females	12.8	(0.60)	14.2	(0.32)	15.1	(0.37)	15.6	(0.42)	14.4	(0.23)
31-50y, Females	14.6	(0.41)	14.6	(0.38)	15.1	(0.33)	15.6	(0.31)	15.0	(0.17)
51-70y, Females	15.2	(0.41)	15.6	(0.30)	15.7	(0.38)	16.4	(0.32)	15.7	(0.21)
71+ y, Females	16.0	(0.40)	15.3	(0.28)	15.1	(0.36)	15.7	(0.34)	15.5	(0.19)
19+y, Females	14.6	(0.28)	14.9	(0.20)	15.2	(0.17)	15.8	(0.21)	15.1	(0.13)
1+y, All	14.3	(0.13)	14.6	(0.13)	14.9	(0.12)	15.7	(0.11)	14.9	(0.08)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Carbohydrate: Mean individual contribution to daily energy intake (%) by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

Age-Gender	1Q Mean	1Q (SE)	2Q Mean	2Q (SE)	3Q Mean	3Q (SE)	4Q Mean	4Q (SE)	All Mean	All (SE)
1-3y, All	63.6	(0.54)	56.6	(0.36)	52.4	(0.38)	44.8	(0.45)	54.3	(0.40)
4-8y, All	62.7	(0.73)	58.1	(0.35)	53.6	(0.43)	47.9	(0.56)	55.5	(0.33)
9-13y, Males	62.2	(0.57)	55.7	(0.64)	53.0	(0.55)	46.9	(0.87)	54.4	(0.33)
14-18y, Males	63.4	(0.70)	55.8	(0.60)	51.6	(0.53)	45.3	(0.66)	54.0	(0.40)
19-30y, Males	57.4	(0.97)	52.4	(1.12)	48.3	(0.92)	43.6	(0.78)	50.4	(0.60)
31-50y, Males	56.6	(0.80)	49.3	(0.52)	47.3	(0.84)	41.6	(0.65)	48.7	(0.45)
51-70y, Males	54.8	(0.74)	49.6	(0.59)	45.6	(0.45)	38.7	(0.70)	47.2	(0.35)
71+ y, Males	57.1	(0.92)	52.7	(0.84)	48.5	(0.60)	42.3	(0.75)	50.1	(0.54)
19+y, Males	56.4	(0.44)	50.4	(0.40)	46.9	(0.49)	41.6	(0.39)	48.8	(0.27)
9-13y, Females	63.2	(0.85)	56.6	(0.76)	52.5	(0.48)	47.1	(0.65)	54.8	(0.49)
14-18y, Females	64.1	(0.78)	56.0	(0.71)	52.5	(0.79)	46.0	(0.87)	54.6	(0.65)
19-30y, Females	63.1	(1.20)	55.9	(0.84)	50.0	(0.59)	44.1	(0.88)	53.3	(0.53)
31-50y, Females	59.1	(0.84)	52.0	(0.78)	49.1	(0.53)	41.4	(0.72)	50.4	(0.50)
51-70y, Females	59.5	(0.77)	52.6	(0.59)	48.5	(0.44)	40.5	(0.53)	50.3	(0.42)
71+ y, Females	60.5	(0.76)	54.5	(0.69)	50.1	(0.51)	45.3	(0.76)	52.6	(0.47)
19+y, Females	60.3	(0.52)	53.3	(0.41)	49.4	(0.27)	42.1	(0.38)	51.3	(0.31)
1+y, All	59.3	(0.28)	53.1	(0.25)	49.5	(0.21)	43.3	(0.23)	51.3	(0.19)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Total fat: Mean individual contribution to daily energy intake (%) by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

Age-Gender	1Q Mean	1Q (SE)	2Q Mean	2Q (SE)	3Q Mean	3Q (SE)	4Q Mean	4Q (SE)	All Mean	All (SE)
1-3y, All	25.0	(0.43)	30.9	(0.38)	34.2	(0.34)	39.8	(0.42)	32.5	(0.34)
4-8y, All	25.5	(0.51)	30.0	(0.33)	33.7	(0.38)	38.9	(0.47)	32.1	(0.30)
9-13y, Males	25.9	(0.62)	31.8	(0.47)	33.6	(0.48)	39.2	(0.56)	32.6	(0.28)
14-18y, Males	23.7	(0.40)	31.3	(0.37)	34.6	(0.43)	39.6	(0.51)	32.3	(0.31)
19-30y, Males	22.9	(0.83)	30.0	(0.57)	34.3	(0.44)	39.4	(0.30)	31.6	(0.40)
31-50y, Males	22.7	(0.49)	31.9	(0.33)	36.4	(0.59)	41.5	(0.50)	33.1	(0.42)
51-70y, Males	25.2	(0.54)	32.5	(0.36)	37.5	(0.32)	44.1	(0.55)	34.9	(0.37)
71+ y, Males	25.4	(0.58)	32.3	(0.58)	35.4	(0.39)	41.3	(0.60)	33.6	(0.37)
19+y, Males	23.6	(0.34)	31.6	(0.23)	36.3	(0.30)	41.5	(0.28)	33.3	(0.22)
9-13y, Females	25.3	(0.53)	31.6	(0.56)	35.0	(0.45)	39.3	(0.38)	32.8	(0.35)
14-18y, Females	24.3	(0.71)	31.8	(0.58)	35.0	(0.43)	39.8	(0.75)	32.8	(0.51)
19-30y, Females	23.0	(0.77)	30.2	(0.53)	35.1	(0.41)	40.4	(0.52)	32.2	(0.39)
31-50y, Females	24.2	(0.42)	32.4	(0.59)	35.9	(0.33)	43.3	(0.53)	33.9	(0.40)
51-70y, Females	25.6	(0.57)	32.2	(0.40)	36.3	(0.32)	43.7	(0.58)	34.5	(0.35)
71+ y, Females	25.3	(0.64)	31.3	(0.52)	36.0	(0.48)	40.1	(0.55)	33.2	(0.38)
19+y, Females	24.4	(0.37)	31.7	(0.36)	35.7	(0.20)	42.5	(0.28)	33.6	(0.26)
1+y, All	24.4	(0.19)	31.7	(0.15)	35.5	(0.12)	41.2	(0.18)	33.2	(0.17)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Monounsaturated fat: Mean individual contribution to daily energy intake (%) by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

Age-Gender	1Q Mean	1Q (SE)	2Q Mean	2Q (SE)	3Q Mean	3Q (SE)	4Q Mean	4Q (SE)	All Mean	All (SE)
1-3y, All	9.4	(0.20)	11.3	(0.23)	12.0	(0.18)	13.4	(0.23)	11.5	(0.15)
4-8y, All	9.8	(0.26)	11.4	(0.15)	12.7	(0.23)	14.3	(0.27)	12.0	(0.13)
9-13y, Males	9.8	(0.30)	12.4	(0.21)	12.4	(0.26)	14.3	(0.33)	12.2	(0.15)
14-18y, Males	9.0	(0.18)	12.2	(0.18)	13.3	(0.30)	14.6	(0.27)	12.3	(0.12)
19-30y, Males	8.7	(0.27)	11.5	(0.27)	13.3	(0.23)	14.6	(0.20)	12.0	(0.15)
31-50y, Males	8.3	(0.22)	11.9	(0.17)	13.6	(0.26)	15.3	(0.26)	12.3	(0.16)
51-70y, Males	9.2	(0.21)	12.1	(0.15)	14.1	(0.18)	16.2	(0.26)	12.9	(0.17)
71+ y, Males	9.1	(0.26)	11.9	(0.31)	13.1	(0.23)	14.8	(0.35)	12.2	(0.16)
19+y, Males	8.7	(0.14)	11.9	(0.10)	13.7	(0.12)	15.2	(0.14)	12.4	(0.09)
9-13y, Females	9.7	(0.27)	12.2	(0.25)	13.1	(0.23)	14.3	(0.28)	12.3	(0.15)
14-18y, Females	9.5	(0.34)	12.4	(0.40)	13.3	(0.25)	14.3	(0.30)	12.4	(0.24)
19-30y, Females	8.7	(0.38)	11.7	(0.29)	13.2	(0.24)	14.7	(0.32)	12.1	(0.17)
31-50y, Females	8.8	(0.16)	12.2	(0.32)	13.2	(0.18)	15.4	(0.24)	12.4	(0.15)
51-70y, Females	9.4	(0.31)	11.8	(0.19)	13.3	(0.19)	15.5	(0.29)	12.5	(0.15)
71+ y, Females	9.1	(0.30)	11.6	(0.29)	13.1	(0.25)	14.0	(0.28)	12.0	(0.16)
19+y, Females	9.0	(0.17)	11.9	(0.16)	13.2	(0.10)	15.1	(0.13)	12.3	(0.10)
1+y, All	9.1	(0.10)	11.9	(0.06)	13.3	(0.05)	14.9	(0.09)	12.3	(0.07)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Polyunsaturated fat: Mean individual contribution to daily energy intake (%) by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

Age-Gender	1Q Mean	1Q (SE)	2Q Mean	2Q (SE)	3Q Mean	3Q (SE)	4Q Mean	4Q (SE)	All Mean	All (SE)
1-3y, All	5.3	(0.14)	5.6	(0.16)	5.4	(0.18)	5.0	(0.12)	5.4	(0.09)
4-8y, All	6.1	(0.20)	5.9	(0.20)	6.0	(0.23)	5.8	(0.14)	6.0	(0.10)
9-13y, Males	6.3	(0.34)	6.5	(0.30)	6.0	(0.28)	5.7	(0.20)	6.1	(0.14)
14-18y, Males	5.8	(0.19)	6.5	(0.22)	6.4	(0.28)	6.3	(0.25)	6.2	(0.14)
19-30y, Males	6.2	(0.42)	6.4	(0.26)	6.3	(0.25)	5.7	(0.15)	6.1	(0.13)
31-50y, Males	5.7	(0.14)	7.4	(0.18)	7.5	(0.35)	6.6	(0.24)	6.8	(0.13)
51-70y, Males	6.7	(0.27)	7.3	(0.24)	7.5	(0.24)	7.5	(0.31)	7.3	(0.14)
71+ y, Males	6.8	(0.25)	7.6	(0.30)	7.1	(0.22)	6.7	(0.26)	7.0	(0.14)
19+y, Males	6.2	(0.13)	7.1	(0.12)	7.2	(0.18)	6.6	(0.13)	6.8	(0.08)
9-13y, Females	6.2	(0.20)	6.7	(0.31)	6.7	(0.32)	6.0	(0.15)	6.4	(0.15)
14-18y, Females	6.2	(0.30)	7.2	(0.18)	7.0	(0.28)	6.5	(0.40)	6.7	(0.12)
19-30y, Females	6.0	(0.21)	6.6	(0.23)	7.2	(0.20)	6.8	(0.24)	6.6	(0.13)
31-50y, Females	6.5	(0.15)	7.4	(0.24)	7.2	(0.16)	7.4	(0.30)	7.1	(0.12)
51-70y, Females	7.1	(0.22)	7.8	(0.21)	7.7	(0.22)	7.8	(0.33)	7.6	(0.09)
71+ y, Females	7.3	(0.31)	7.5	(0.28)	8.1	(0.28)	6.9	(0.30)	7.4	(0.14)
19+y, Females	6.7	(0.12)	7.4	(0.16)	7.3	(0.12)	7.3	(0.17)	7.2	(0.08)
1+y, All	6.3	(0.07)	7.1	(0.08)	7.0	(0.08)	6.6	(0.10)	6.8	(0.05)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004



**Added sugars: Mean individual contribution to daily energy intake (%) by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

Age-Gender	1Q Mean	1Q (SE)	2Q Mean	2Q (SE)	3Q Mean	3Q (SE)	4Q Mean	4Q (SE)	All Mean	All (SE)
<b>2-3y, All</b>	15.8	(0.66)	14.2	(0.70)	11.7	(0.62)	10.3	(0.64)	13.3	(0.35)
<b>4-8y, All</b>	18.3	(0.99)	17.9	(0.70)	17.0	(0.55)	14.5	(0.45)	16.9	(0.35)
<b>9-13y, Males</b>	21.9	(1.16)	18.8	(0.68)	17.3	(0.79)	15.3	(1.15)	18.3	(0.49)
<b>14-18y, Males</b>	26.3	(1.07)	20.5	(1.13)	18.5	(0.75)	14.9	(0.70)	20.0	(0.62)
<b>19-30y, Males</b>	20.9	(1.34)	18.6	(1.09)	17.2	(1.07)	13.8	(0.52)	17.6	(0.54)
<b>31-50y, Males</b>	18.4	(0.88)	15.7	(0.59)	15.6	(0.67)	13.0	(0.61)	15.7	(0.38)
<b>51-70y, Males</b>	13.4	(0.78)	13.4	(0.64)	12.8	(0.63)	10.2	(0.76)	12.4	(0.40)
<b>71+ y, Males</b>	11.2	(0.73)	14.6	(0.93)	11.0	(0.62)	10.7	(0.53)	11.9	(0.30)
<b>19+y, Males</b>	17.1	(0.62)	15.6	(0.35)	14.7	(0.41)	12.4	(0.39)	14.9	(0.27)
<b>9-13y, Females</b>	21.6	(0.96)	18.8	(1.20)	16.0	(0.73)	14.5	(0.78)	17.7	(0.61)
<b>14-18y, Females</b>	24.0	(1.04)	21.1	(0.90)	19.4	(0.83)	15.2	(0.84)	19.9	(0.46)
<b>19-30y, Females</b>	24.6	(1.90)	20.3	(0.86)	15.9	(0.67)	13.8	(0.94)	18.6	(0.63)
<b>31-50y, Females</b>	18.2	(1.17)	16.5	(0.89)	15.7	(0.53)	11.6	(0.52)	15.5	(0.43)
<b>51-70y, Females</b>	14.1	(0.73)	13.0	(0.63)	12.7	(0.58)	10.4	(0.50)	12.6	(0.33)
<b>71+ y, Females</b>	13.0	(0.66)	12.8	(0.72)	12.3	(0.59)	11.6	(0.67)	12.4	(0.40)
<b>19+y, Females</b>	17.8	(0.87)	16.1	(0.55)	14.6	(0.42)	11.8	(0.29)	15.1	(0.36)
<b>2+y, All</b>	18.3	(0.52)	16.6	(0.35)	15.2	(0.27)	12.6	(0.21)	15.7	(0.25)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Dietary fiber (g): Mean daily intake by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

<b>Age-Gender</b>	<b>1Q Mean</b>	<b>1Q (SE)</b>	<b>2Q Mean</b>	<b>2Q (SE)</b>	<b>3Q Mean</b>	<b>3Q (SE)</b>	<b>4Q Mean</b>	<b>4Q (SE)</b>	<b>All Mean</b>	<b>All (SE)</b>
<b>1-3y, All</b>	10.5	(0.44)	10.5	(0.41)	9.3	(0.27)	7.5	(0.30)	9.4	(0.19)
<b>4-8y, All</b>	13.1	(0.40)	12.0	(0.38)	11.8	(0.38)	10.4	(0.31)	11.8	(0.19)
<b>9-13y, Males</b>	14.9	(1.19)	15.5	(0.90)	15.0	(0.61)	13.0	(0.74)	14.6	(0.53)
<b>14-18y, Males</b>	14.2	(0.69)	15.9	(0.86)	17.1	(0.70)	14.0	(0.63)	15.3	(0.44)
<b>19-30y, Males</b>	17.9	(1.11)	19.2	(1.30)	17.0	(0.88)	16.4	(1.91)	17.6	(0.71)
<b>31-50y, Males</b>	19.1	(0.92)	19.8	(0.75)	17.7	(0.69)	17.3	(0.74)	18.5	(0.43)
<b>51-70y, Males</b>	20.0	(1.09)	17.5	(0.95)	16.8	(0.68)	14.7	(0.70)	17.2	(0.52)
<b>71+ y, Males</b>	17.8	(0.79)	16.7	(0.86)	18.0	(0.86)	13.9	(0.58)	16.6	(0.39)
<b>19+y, Males</b>	18.9	(0.58)	18.8	(0.56)	17.4	(0.46)	16.0	(0.60)	17.8	(0.32)
<b>9-13y, Females</b>	11.5	(0.43)	13.0	(0.72)	13.3	(0.73)	12.2	(0.53)	12.5	(0.34)
<b>14-18y, Females</b>	12.1	(0.45)	12.1	(0.73)	11.4	(0.66)	10.9	(0.35)	11.7	(0.31)
<b>19-30y, Females</b>	13.2	(0.81)	14.2	(0.58)	14.1	(0.64)	13.6	(0.77)	13.8	(0.43)
<b>31-50y, Females</b>	14.5	(0.50)	14.6	(0.49)	14.1	(0.52)	12.4	(0.69)	13.9	(0.27)
<b>51-70y, Females</b>	17.2	(0.94)	14.8	(0.68)	14.1	(0.55)	12.3	(0.65)	14.6	(0.42)
<b>71+ y, Females</b>	16.3	(1.09)	14.3	(0.63)	13.4	(0.61)	11.6	(0.48)	13.9	(0.45)
<b>19+y, Females</b>	15.1	(0.44)	14.5	(0.33)	14.1	(0.32)	12.6	(0.39)	14.1	(0.25)
<b>1+y, All</b>	16.0	(0.36)	15.6	(0.37)	14.9	(0.24)	13.2	(0.29)	15.0	(0.23)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Potassium (mg): Mean daily intake by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

<b>Age-Gender</b>	<b>1Q Mean</b>	<b>1Q (SE)</b>	<b>2Q Mean</b>	<b>2Q (SE)</b>	<b>3Q Mean</b>	<b>3Q (SE)</b>	<b>4Q Mean</b>	<b>4Q (SE)</b>	<b>All Mean</b>	<b>All (SE)</b>
<b>1-3y, All</b>	1977	(68.0)	2176	(61.8)	2169	(56.5)	2205	(81.7)	2132	(39.9)
<b>4-8y, All</b>	2208	(52.8)	2128	(60.4)	2252	(78.9)	2206	(96.7)	2199	(44.8)
<b>9-13y, Males</b>	2189	(86.0)	2530	(152.9)	2791	(96.7)	2313	(118.5)	2456	(79.9)
<b>14-18y, Males</b>	2449	(132.3)	2806	(157.7)	3025	(88.7)	3084	(125.3)	2841	(87.6)
<b>19-30y, Males</b>	2676	(143.0)	3275	(179.2)	3212	(142.2)	3225	(236.4)	3097	(97.7)
<b>31-50y, Males</b>	3000	(110.2)	3388	(104.7)	3371	(104.1)	3445	(109.5)	3301	(55.3)
<b>51-70y, Males</b>	3100	(133.4)	2953	(100.4)	3102	(97.8)	3125	(122.7)	3070	(55.3)
<b>71+ y, Males</b>	2746	(85.2)	2645	(84.9)	2907	(124.2)	2664	(76.8)	2741	(55.1)
<b>19+y, Males</b>	2924	(64.4)	3184	(72.8)	3241	(68.5)	3220	(82.5)	3143	(41.1)
<b>9-13y, Females</b>	1876	(57.9)	2125	(106.7)	2311	(82.1)	2197	(108.6)	2128	(47.6)
<b>14-18y, Females</b>	1850	(64.1)	2068	(71.1)	2087	(73.6)	2143	(85.3)	2038	(42.7)
<b>19-30y, Females</b>	2022	(115.0)	2234	(70.0)	2378	(74.9)	2398	(116.3)	2258	(51.3)
<b>31-50y, Females</b>	2268	(75.1)	2451	(60.1)	2562	(50.3)	2423	(78.9)	2426	(35.1)
<b>51-70y, Females</b>	2459	(84.0)	2381	(97.7)	2429	(80.1)	2343	(80.8)	2403	(49.8)
<b>71+ y, Females</b>	2376	(104.8)	2204	(96.0)	2349	(52.6)	2222	(113.0)	2288	(40.8)
<b>19+y, Females</b>	2273	(49.9)	2350	(42.9)	2444	(41.6)	2393	(55.2)	2365	(27.1)
<b>1+y, All</b>	2485	(36.0)	2634	(42.4)	2725	(43.0)	2642	(32.3)	2622	(26.2)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Sodium (mg): Mean daily intake by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

<b>Age-Gender</b>	<b>1Q Mean</b>	<b>1Q (SE)</b>	<b>2Q Mean</b>	<b>2Q (SE)</b>	<b>3Q Mean</b>	<b>3Q (SE)</b>	<b>4Q Mean</b>	<b>4Q (SE)</b>	<b>All Mean</b>	<b>All (SE)</b>
<b>1-3y, All</b>	1983	(54.3)	2124	(52.5)	2178	(56.2)	2141	(82.1)	2107	(27.2)
<b>4-8y, All</b>	2663	(102.6)	2860	(98.6)	2909	(61.3)	3067	(89.9)	2875	(40.3)
<b>9-13y, Males</b>	3077	(137.0)	3724	(160.3)	3923	(147.5)	3648	(196.4)	3593	(94.0)
<b>14-18y, Males</b>	3346	(144.2)	4184	(236.6)	4671	(150.4)	4440	(185.3)	4161	(129.7)
<b>19-30y, Males</b>	3549	(155.3)	4338	(164.7)	4604	(180.5)	4956	(267.1)	4363	(107.6)
<b>31-50y, Males</b>	3635	(146.0)	4533	(122.5)	4355	(133.7)	4814	(162.5)	4335	(74.7)
<b>51-70y, Males</b>	3239	(148.8)	3511	(121.3)	3852	(149.8)	4023	(156.4)	3657	(68.2)
<b>71+ y, Males</b>	2641	(111.4)	2894	(102.5)	3285	(133.7)	3181	(90.1)	3001	(67.7)
<b>19+y, Males</b>	3409	(65.3)	4095	(88.1)	4187	(76.7)	4484	(108.5)	4044	(42.1)
<b>9-13y, Females</b>	2525	(96.8)	2841	(108.3)	3160	(121.5)	3190	(139.0)	2930	(46.7)
<b>14-18y, Females</b>	2335	(56.4)	2896	(97.5)	3000	(93.4)	3271	(105.4)	2877	(52.5)
<b>19-30y, Females</b>	2558	(109.2)	3207	(88.7)	3529	(100.8)	3457	(158.2)	3189	(63.9)
<b>31-50y, Females</b>	2395	(86.8)	3023	(108.9)	3417	(136.2)	3271	(86.0)	3027	(58.6)
<b>51-70y, Females</b>	2391	(90.4)	2736	(126.0)	2759	(58.5)	2974	(100.6)	2715	(42.9)
<b>71+ y, Females</b>	2148	(87.3)	2419	(89.0)	2663	(83.2)	2560	(112.4)	2449	(44.2)
<b>19+y, Females</b>	2430	(56.2)	2869	(56.5)	3170	(59.1)	3182	(60.5)	2913	(27.2)
<b>1+y, All</b>	2863	(31.9)	3364	(40.5)	3570	(40.0)	3609	(39.2)	3352	(20.5)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Cholesterol (mg): Mean daily intake by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

<b>Age-Gender</b>	<b>1Q Mean</b>	<b>1Q (SE)</b>	<b>2Q Mean</b>	<b>2Q (SE)</b>	<b>3Q Mean</b>	<b>3Q (SE)</b>	<b>4Q Mean</b>	<b>4Q (SE)</b>	<b>All Mean</b>	<b>All (SE)</b>
<b>1-3y, All</b>	129	(8.4)	160	(7.8)	223	(11.9)	240	(14.0)	188	(6.4)
<b>4-8y, All</b>	165	(17.0)	176	(8.2)	216	(8.5)	252	(11.7)	202	(6.3)
<b>9-13y, Males</b>	171	(9.1)	219	(14.7)	305	(18.3)	326	(23.4)	255	(8.9)
<b>14-18y, Males</b>	213	(13.2)	296	(17.7)	334	(18.5)	384	(15.2)	307	(9.2)
<b>19-30y, Males</b>	259	(22.3)	310	(14.0)	389	(19.4)	411	(22.6)	342	(8.8)
<b>31-50y, Males</b>	248	(13.2)	350	(14.6)	395	(14.5)	480	(27.5)	368	(10.9)
<b>51-70y, Males</b>	225	(16.7)	304	(13.0)	360	(18.4)	427	(23.6)	329	(10.4)
<b>71+ y, Males</b>	166	(8.9)	223	(15.4)	285	(19.2)	381	(19.8)	264	(8.8)
<b>19+y, Males</b>	238	(7.8)	320	(8.0)	376	(9.9)	437	(15.6)	343	(6.6)
<b>9-13y, Females</b>	139	(9.5)	188	(11.7)	233	(12.3)	264	(18.4)	206	(6.0)
<b>14-18y, Females</b>	142	(11.2)	197	(13.1)	208	(10.1)	285	(14.5)	208	(6.0)
<b>19-30y, Females</b>	156	(10.8)	224	(15.6)	285	(19.6)	316	(16.6)	245	(7.0)
<b>31-50y, Females</b>	145	(7.8)	227	(9.5)	276	(11.0)	315	(12.6)	241	(4.8)
<b>51-70y, Females</b>	135	(7.9)	216	(12.5)	238	(8.3)	315	(12.4)	226	(6.7)
<b>71+ y, Females</b>	125	(6.7)	185	(12.2)	231	(11.3)	242	(10.3)	196	(7.0)
<b>19+y, Females</b>	144	(4.9)	218	(5.6)	261	(7.5)	308	(7.3)	233	(2.5)
<b>1+y, All</b>	184	(3.1)	254	(3.9)	296	(6.5)	344	(5.6)	270	(2.6)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Vitamin A (mcg RAE): Mean daily intake by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

Age-Gender	1Q Mean	1Q (SE)	2Q Mean	2Q (SE)	3Q Mean	3Q (SE)	4Q Mean	4Q (SE)	All Mean	All (SE)
1-3y, All	441	(17.6)	548	(42.7)	564	(23.0)	559	(25.0)	528	(17.6)
4-8y, All	560	(29.8)	624	(44.4)	564	(25.3)	568	(21.8)	579	(18.4)
9-13y, Males	599	(96.4)	597	(44.3)	735	(31.9)	693	(48.7)	656	(34.6)
14-18y, Males	521	(32.6)	604	(45.2)	649	(32.9)	751	(40.2)	631	(23.6)
19-30y, Males	530	(64.0)	670	(68.8)	677	(101.1)	770	(76.9)	662	(41.4)
31-50y, Males	643	(137.8)	618	(36.2)	659	(34.9)	779	(53.5)	675	(44.0)
51-70y, Males	643	(52.9)	686	(76.9)	636	(40.0)	683	(50.0)	662	(25.5)
71+ y, Males	610	(53.2)	684	(43.3)	657	(36.0)	900	(167.9)	713	(56.0)
19+y, Males	610	(59.4)	662	(31.6)	654	(28.6)	761	(35.8)	672	(25.3)
9-13y, Females	438	(28.6)	473	(32.0)	602	(41.4)	589	(36.4)	526	(20.7)
14-18y, Females	480	(40.5)	485	(54.0)	444	(21.3)	606	(26.8)	504	(21.1)
19-30y, Females	401	(33.8)	450	(30.0)	539	(38.0)	573	(31.3)	491	(16.3)
31-50y, Females	512	(42.1)	569	(32.2)	591	(47.0)	629	(46.0)	576	(22.3)
51-70y, Females	633	(41.9)	537	(30.1)	539	(35.1)	589	(39.7)	575	(22.3)
71+ y, Females	672	(43.8)	530	(28.9)	653	(42.3)	635	(34.9)	622	(20.9)
19+y, Females	539	(23.6)	536	(20.4)	564	(19.6)	606	(21.8)	561	(11.2)
1+y, All	562	(27.1)	584	(16.7)	603	(14.9)	664	(14.9)	603	(12.7)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Vitamin E (mg): Mean daily intake by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

<b>Age-Gender</b>	<b>1Q Mean</b>	<b>1Q (SE)</b>	<b>2Q Mean</b>	<b>2Q (SE)</b>	<b>3Q Mean</b>	<b>3Q (SE)</b>	<b>4Q Mean</b>	<b>4Q (SE)</b>	<b>All Mean</b>	<b>All (SE)</b>
<b>1-3y, All</b>	3.8	(0.18)	4.3	(0.16)	4.1	(0.16)	3.3	(0.12)	3.9	(0.09)
<b>4-8y, All</b>	5.0	(0.24)	4.8	(0.26)	5.5	(0.31)	4.6	(0.15)	5.0	(0.12)
<b>9-13y, Males</b>	6.7	(1.06)	7.2	(0.51)	6.7	(0.29)	6.0	(0.48)	6.7	(0.31)
<b>14-18y, Males</b>	6.2	(0.33)	8.4	(1.01)	7.8	(0.36)	7.3	(0.40)	7.4	(0.37)
<b>19-30y, Males</b>	8.1	(0.72)	8.6	(0.66)	8.3	(0.47)	7.9	(0.88)	8.2	(0.33)
<b>31-50y, Males</b>	7.2	(0.36)	9.3	(0.52)	9.1	(0.56)	8.4	(0.39)	8.5	(0.26)
<b>51-70y, Males</b>	7.7	(0.59)	7.6	(0.40)	7.6	(0.49)	7.9	(0.43)	7.7	(0.25)
<b>71+ y, Males</b>	5.9	(0.30)	7.0	(0.58)	7.3	(0.59)	6.6	(0.51)	6.7	(0.24)
<b>19+y, Males</b>	7.4	(0.30)	8.5	(0.32)	8.4	(0.25)	7.9	(0.30)	8.1	(0.16)
<b>9-13y, Females</b>	4.9	(0.30)	5.2	(0.26)	6.7	(0.67)	5.7	(0.31)	5.6	(0.20)
<b>14-18y, Females</b>	5.2	(0.30)	6.1	(0.38)	6.2	(0.46)	5.7	(0.32)	5.8	(0.15)
<b>19-30y, Females</b>	5.5	(0.39)	6.7	(0.37)	6.6	(0.26)	6.6	(0.45)	6.3	(0.20)
<b>31-50y, Females</b>	6.2	(0.27)	6.7	(0.27)	6.8	(0.28)	6.3	(0.32)	6.5	(0.15)
<b>51-70y, Females</b>	6.7	(0.54)	6.1	(0.30)	6.0	(0.26)	6.2	(0.33)	6.3	(0.20)
<b>71+ y, Females</b>	5.9	(0.45)	5.7	(0.40)	5.8	(0.24)	5.4	(0.39)	5.7	(0.19)
<b>19+y, Females</b>	6.2	(0.20)	6.3	(0.19)	6.4	(0.14)	6.3	(0.21)	6.3	(0.11)
<b>1+y, All</b>	6.4	(0.16)	7.0	(0.17)	7.1	(0.13)	6.5	(0.11)	6.7	(0.09)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004

**Vitamin K (mcg): Mean daily intake by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

<b>Age-Gender</b>	<b>1Q Mean</b>	<b>1Q (SE)</b>	<b>2Q Mean</b>	<b>2Q (SE)</b>	<b>3Q Mean</b>	<b>3Q (SE)</b>	<b>4Q Mean</b>	<b>4Q (SE)</b>	<b>All Mean</b>	<b>All (SE)</b>
<b>1-3y, All</b>	30.4	(1.66)	39.8	(3.20)	36.4	(3.12)	28.8	(1.42)	33.8	(1.45)
<b>4-8y, All</b>	41.7	(2.42)	43.6	(3.35)	43.1	(3.69)	37.8	(2.95)	41.5	(1.67)
<b>9-13y, Males</b>	56.2	(5.47)	61.3	(10.21)	64.1	(8.85)	41.3	(3.63)	55.7	(3.94)
<b>14-18y, Males</b>	53.4	(4.12)	58.2	(6.02)	68.5	(5.97)	62.2	(5.64)	60.6	(2.59)
<b>19-30y, Males</b>	80.3	(10.36)	95.6	(28.53)	66.1	(3.70)	67.2	(4.97)	77.3	(7.19)
<b>31-50y, Males</b>	108.6	(11.98)	93.7	(6.73)	92.7	(8.08)	86.6	(6.50)	95.4	(3.95)
<b>51-70y, Males</b>	137.3	(26.13)	100.1	(8.57)	100.9	(15.30)	78.7	(5.40)	104.2	(8.40)
<b>71+ y, Males</b>	87.1	(8.48)	90.1	(9.43)	93.1	(13.22)	101.9	(29.06)	93.1	(7.64)
<b>19+y, Males</b>	105.7	(8.75)	97.2	(7.36)	92.9	(4.40)	77.3	(4.17)	93.3	(3.25)
<b>9-13y, Females</b>	47.4	(4.20)	47.2	(3.39)	48.6	(4.77)	41.1	(4.35)	46.1	(2.34)
<b>14-18y, Females</b>	47.6	(5.15)	61.9	(7.68)	62.4	(12.14)	57.8	(4.90)	57.5	(4.18)
<b>19-30y, Females</b>	70.5	(11.50)	64.8	(6.25)	74.9	(6.97)	87.8	(16.43)	74.5	(5.84)
<b>31-50y, Females</b>	92.8	(7.30)	99.3	(9.29)	85.4	(12.48)	79.3	(6.29)	89.2	(4.83)
<b>51-70y, Females</b>	127.5	(13.33)	91.4	(6.89)	88.6	(6.48)	93.1	(7.81)	100.1	(4.61)
<b>71+ y, Females</b>	148.1	(24.25)	91.0	(11.76)	78.8	(5.12)	98.8	(23.24)	104.1	(10.44)
<b>19+y, Females</b>	103.5	(5.56)	87.1	(4.74)	82.8	(4.64)	88.6	(6.55)	90.5	(3.55)
<b>1+y, All</b>	92.8	(3.80)	79.7	(3.59)	77.6	(2.75)	71.5	(3.06)	80.4	(2.13)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004



**Saturated fat: Mean individual contribution to daily energy intake (%) by quartiles of percent contribution of saturated fat to energy intake, one day, 2001-2004**

Age-Gender	1Q Mean	1Q (SE)	2Q Mean	2Q (SE)	3Q Mean	3Q (SE)	4Q Mean	4Q (SE)	All Mean	All (SE)
1-3y, All	8.0	(0.10)	11.4	(0.04)	13.8	(0.06)	17.8	(0.17)	12.8	(0.15)
4-8y, All	7.5	(0.10)	10.2	(0.03)	12.3	(0.04)	15.8	(0.15)	11.5	(0.17)
9-13y, Males	7.5	(0.12)	10.5	(0.05)	12.5	(0.06)	16.0	(0.19)	11.6	(0.16)
14-18y, Males	6.9	(0.11)	10.0	(0.05)	12.0	(0.06)	15.5	(0.19)	11.1	(0.13)
19-30y, Males	6.0	(0.17)	9.4	(0.04)	11.8	(0.06)	15.8	(0.15)	10.8	(0.19)
31-50y, Males	6.0	(0.13)	9.5	(0.06)	11.8	(0.05)	15.6	(0.11)	10.7	(0.16)
51-70y, Males	6.4	(0.11)	9.6	(0.06)	12.1	(0.05)	16.1	(0.26)	11.1	(0.16)
71+ y, Males	6.5	(0.11)	9.4	(0.05)	11.8	(0.05)	15.6	(0.22)	10.8	(0.19)
19+y, Males	6.1	(0.09)	9.5	(0.03)	11.9	(0.02)	15.8	(0.08)	10.8	(0.09)
9-13y, Females	7.4	(0.14)	10.2	(0.06)	12.5	(0.07)	15.9	(0.17)	11.5	(0.16)
14-18y, Females	6.6	(0.16)	9.8	(0.06)	11.9	(0.05)	15.9	(0.18)	11.1	(0.19)
19-30y, Females	6.0	(0.14)	9.3	(0.05)	11.9	(0.08)	15.5	(0.19)	10.7	(0.15)
31-50y, Females	6.1	(0.11)	9.6	(0.06)	12.0	(0.05)	16.4	(0.25)	11.0	(0.20)
51-70y, Females	6.1	(0.11)	9.3	(0.05)	11.6	(0.07)	16.2	(0.24)	10.8	(0.19)
71+ y, Females	6.0	(0.09)	9.1	(0.04)	11.3	(0.06)	15.2	(0.14)	10.4	(0.18)
19+y, Females	6.1	(0.07)	9.3	(0.03)	11.8	(0.04)	16.0	(0.13)	10.8	(0.12)
1+y, All	6.4	(0.05)	9.7	(0.01)	12.0	(0.02)	16.0	(0.07)	11.0	(0.08)

NOTES: Excludes breastfed children and individuals with zero energy intake for the day. Weighted estimates.

Statistics are based on each survey respondent's daily contribution of saturated fat to energy.

SE = Standard error of the mean.

SOURCE: WWEIA, NHANES 2001-2004