

Headline Statement:

We assumed modified foods (DRDMRUF=1) had the same number of pyramid servings as unmodified foods.

Read-Me file:

Notes on Pyramid Servings for NHANES 1999-2000

This data set contains the number of USDA/DHHS Food Guide Pyramid Servings in each food reported as being consumed. CNPP calculated these servings by using the amount of food the individual reported consuming and by using the USDA Food Servings Database which was prepared for the Continuing Survey of Food Intakes by Individuals 1994-96, 1998. Assistance was provided by Annetta J. Cook in determining Pyramid servings for 19 NHANES food codes not in the Pyramid Servings Database.

In all cases we used the pyramid servings for the unmodified foods. Approximately eight percent of the foods reported in NHANES 1999-2000 have DRDMRUF = 1, indicating the food was modified from the standard recipe. The exact modifications are not available, so we used the unmodified form for the calculations of the Pyramid servings.

Infant formulas and breast milk were assigned a serving size of 0 for all pyramid food groups.

The Pyramid Servings Database for USDA Survey Food Codes is available at:

<http://www.barc.usda.gov/bhnrc/cnrg/deload.html>.

(Accessed June 4, 2003)